

Acupuncture - Frequently Asked Questions



Paul Farago, M.Ac.
Licensed Acupuncturist

Asheville, North Carolina
(828) 989-6206
five-element.com

Can acupuncture treat multiple complaints? Yes. By promoting adaptability to change, treatments resolve a diverse variety of complaints, often simultaneously. Symptoms may be either acute or chronic ... obvious and/or more intangible.

Appointments? Regular rate
Regular visit (1 hr.) \$75.
Note: Allow 90 min. for first visit

Pay by cash or check. Cancellation: 24 hr. notice for no charge.

Sliding scale? For patients with economic resistance to regular rates, who would intend to follow a course of treatments, a lower rate is negotiable. Payment is due in full after each appointment.

Insurance? There is no insurance billing, however a receipt is provided for patients who seek reimbursement on their own.

Number of treatments? How frequent? Treatment plans are individualized. A typical course of treatments begins with 4-6 weekly visits. Acute situations may respond best to 2 visits/week at first. Then, time between visits is increased. Healthy patients return periodically for prevention or 'tune-up'.

Is it safe? Does it hurt? Acupuncture needles are very thin, sterile, single-use & disposable. Insertions are kept to a minimum. The *qi* sensation is similar to a moving warmth or dull heaviness that resolves in a few moments. Most treatments result in a feeling of relief and immediate improvement.

Additional questions? See the website or contact Paul directly at (828) 989-6206.